

## **Sunnybrook Health Science Centre Craniofacial Out-Patient Follow-Up** **Patient Information**

You have been diagnosed with a facial fracture that requires out-patient assessment by a craniofacial plastic surgeon.

A referral has been sent to The Division of Plastic Surgery at Sunnybrook Hospital. You will be contacted within 2 weeks to arrange your follow up.

How to care for yourself prior to follow up:

1. If you are experiencing the same pain and discomfort that you experienced when you came to the Emergency Department, pain medication that was prescribed for you, or an over the counter medication will help alleviate the symptoms
2. Sleep with your head elevated to decrease swelling
3. Apply cold compresses to areas of swelling to help with both pain and inflammation
4. Soft diet and frequent mouth rinses if you have a jaw fracture

You should seek urgent medical attention if you develop any of the following:

1. Worsening pain that is not alleviated with the above measures
2. Changes with your vision

If you do not receive your follow up information within 2 weeks, please contact:

**Sunnybrook Plastic Surgery Associates**  
**M1-500, 2075 Bayview Avenue**  
**Toronto, Ontario**  
**M4N 3M5**

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